

7.3 Trigonometric Substitution

Expression	Substitution	Identity
$\sqrt{a^2 - x^2}$	$x = a \sin \theta, \quad -\frac{\pi}{2} \leq \theta \leq \frac{\pi}{2}$	$1 - \sin^2 \theta = \cos^2 \theta$
$\sqrt{a^2 + x^2}$	$x = a \tan \theta, \quad -\frac{\pi}{2} < \theta < \frac{\pi}{2}$	$1 + \tan^2 \theta = \sec^2 \theta$
$\sqrt{x^2 - a^2}$	$x = a \sec \theta, \quad 0 \leq \theta < \frac{\pi}{2} \text{ or } \pi \leq \theta < \frac{3\pi}{2}$	$\sec^2 \theta - 1 = \tan^2 \theta$

I think doing this cookbook makes it hard. I'd rather just see you draw a triangle, suggested by the radical expression, and use *it* to figure out what to substitute for x . If you work it and don't get x = sine, secant or tangent expression, switch the lengths on the sides of the leg.

I always go with x as the opposite side, unless it's that 3rd case, where the $x^2 - a^2$ inside the radical makes x the length of the hypotenuse.

How do you keep the domains straight? Know the graphs of sine, cosine and tangent. Know how to chop 'em off (restrict their domains) so they're 1-to-1, and so inverses make sense. The rest is knowing your Pythagorean identities from trig.

$\sqrt{4-x^2}$

$y = \sin \theta, \tan \theta, \sec \theta$ - type stuff.

$$\frac{x}{2} = \sin \theta$$

$$x = 2 \sin \theta$$

alternate

$$\frac{x}{2} = \cos \theta$$

$$x = 2 \cos \theta$$

Meh. $\cos \theta$, $\cos \theta$ sucks.

$\sqrt{4+x^2}$

Yes

$$\frac{x}{2} = \tan \theta$$

$$x = 2 \tan \theta$$

$\sqrt{x^2+4}$

$\frac{x}{2} = \cot \theta$

$$x = 2 \cot \theta$$

Nah $\cot \theta$ sucks

$\sqrt{x^2-5}$

Not as good

$$\frac{x}{\sqrt{5}} = \csc \theta$$

Meh,

$$x = \sqrt{5} \csc \theta$$

$\frac{x}{\sqrt{5}} = \sec \theta$

$$x = \sqrt{5} \sec \theta$$

$$\frac{\sqrt{5}}{x} = \sin \theta$$

$$\sqrt{5} = x \sin \theta$$

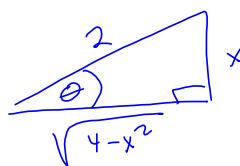
$$\frac{\sqrt{5}}{\sin \theta} = x$$

$$\sqrt{5} \csc \theta = x$$

1-3 Evaluate the integral using the indicated trigonometric substitution. Sketch and label the associated right triangle.

$$1. \int \frac{dx}{x^2\sqrt{4-x^2}}$$

$$x = 2 \sin \theta$$



$$\frac{x}{2} = \sin \theta$$

$$x = 2 \sin \theta$$

$$x = 2 \sin \theta$$

$$dx = 2 \cos \theta d\theta$$

$$x^2 = 4 \sin^2 \theta$$

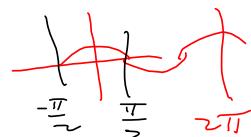
$$\sqrt{4-x^2} = \sqrt{4 - 4 \sin^2 \theta}$$

$$= \sqrt{4(1-\sin^2 \theta)}$$

$$= 2\sqrt{\cos^2 \theta} = 2|\cos \theta| = 2\cos \theta$$

\mathcal{D} = Restriction to make
it-to-1

$$-\frac{\pi}{2} \leq \theta \leq \frac{\pi}{2}$$



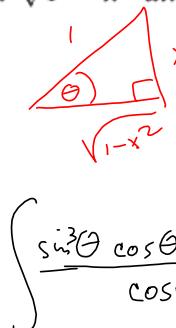
$$\int \frac{2 \cos \theta d\theta}{4 \sin^2 \theta 2 \cos \theta}$$

$$= \frac{1}{4} \int \csc^2 \theta d\theta = \frac{1}{2} (-\cot \theta) + C = -\frac{1}{4} \frac{\sqrt{4-x^2}}{x} + C$$

$$\begin{aligned} \frac{1}{4} \frac{(x-2)(x+2)}{x\sqrt{4-x^2}} &= \frac{1}{4} \frac{x^2-4}{x\sqrt{4-x^2}} = -\frac{1}{4} \frac{4-x^2}{x\sqrt{4-x^2}} \\ &= -\frac{1}{4} \frac{4-x^2}{x\sqrt{4-x^2}\sqrt{4-x^2}} = -\frac{1}{4} \frac{(4-x^2)\sqrt{4-x^2}}{x(4-x^2)} \\ &= -\frac{1}{4} \frac{\sqrt{4-x^2}}{x} \end{aligned}$$

4-30 Evaluate the integral.

4. $\int_0^1 x^3 \sqrt{1-x^2} dx$



$$x = \sin \theta$$

$$dx = \cos \theta d\theta \Leftrightarrow \frac{dx}{d\theta} = \cos \theta$$

$$\sqrt{1-x^2} = \sqrt{1-\sin^2 \theta} = \sqrt{\cos^2 \theta} = |\cos \theta|$$

$$= \cos \theta, \text{ since } -\frac{\pi}{2} \leq \theta \leq \frac{\pi}{2}$$

$$\int \frac{\sin^3 \theta \cos \theta d\theta}{\cos \theta}$$

$$= \int \sin^3 \theta d\theta$$

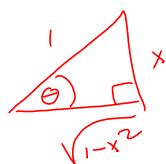
$$= \int (1-\cos^2 \theta) \sin \theta d\theta$$

$$= \int \sin \theta d\theta + \int \cos^2 \theta (\sin \theta d\theta)$$

$$= -\cos \theta + \frac{\cos^3 \theta}{3} + C$$

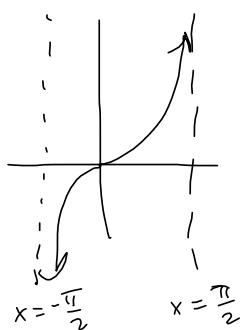
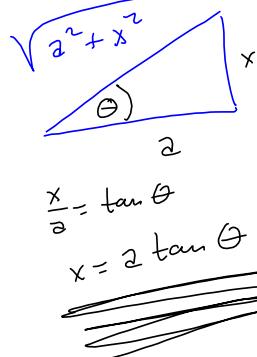
$$= -\sqrt{1-x^2} + \frac{(\sqrt{1-x^2})^3}{3} + C = -\sqrt{1-x^2} + \frac{1}{3}(1-x^2)^{\frac{3}{2}} + C$$

$$\left(\frac{1-x^2}{2} \right)^{\frac{1}{2}}$$



7. $\int_0^a \frac{dx}{(a^2 + x^2)^{3/2}}, \quad a > 0$

$$\left(\sqrt{a^2 + x^2}\right)^3 = (a^2 + x^2)^{\frac{3}{2}}$$



$$x = a \tan \theta$$

$$dx = a \sec^2 \theta d\theta$$

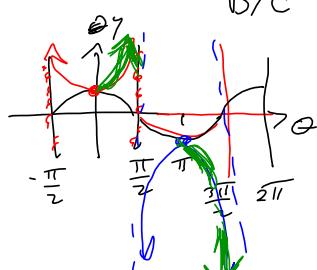
$$\int_0^a \frac{a \sec^2 \theta d\theta}{\left(\sqrt{a^2 + (a \tan \theta)^2}\right)^3} = a^2 \sec^2 \theta$$

$$= \int_0^a \frac{a \sec^2 \theta d\theta}{(a \sec^2 \theta)^3} = \int_0^a \frac{a \sec^2 \theta d\theta}{a^3 \sec^3 \theta}$$

$$= \int_0^a \cos \theta d\theta \text{ re tc.}$$

$$\sqrt{a^2 \sec^2 \theta} = a |\sec \theta| = a \sec \theta$$

B/C $-\frac{\pi}{2} < x < \frac{\pi}{2}$



$$0 \leq \theta < \frac{\pi}{2} \text{ or } \pi \leq \theta < \frac{3\pi}{2}$$

11. $\int \sqrt{1 - 4x^2} dx = \frac{1}{2} \int \sqrt{1 - u^2} du$ & proceed.

$$4x^2 = 2^2 x^2 = (2x)^2$$

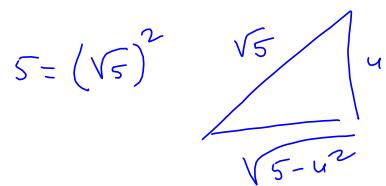
$$\text{Let } u = 2x$$

$$du = 2dx$$

$$\frac{du}{2} = dx$$

$$12. \int \frac{du}{u\sqrt{5-u^2}}$$

$$\sqrt{2^2-x^2}$$

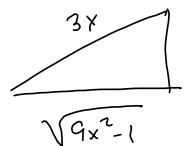


$$\frac{u}{\sqrt{5}} = \sin \theta$$

$$u = \sqrt{5} \sin \theta, \text{ etc.}$$

$$16. \int_{\sqrt{2}/3}^{2/3} \frac{dx}{x^5 \sqrt{9x^2 - 1}} = -\frac{81}{4} + \frac{81}{32}\pi + \frac{567}{64}\sqrt{3}$$

$$\sqrt{(3x)^2 - 1^2}$$



$$\sqrt{9(\frac{1}{3})^2 \sec^2 \theta - 1}$$

$$= \sqrt{\sec^2 \theta - 1} = \sqrt{\tan^2 \theta} = |\tan \theta| = \tan \theta$$

$$x = \frac{\sqrt{2}}{3} = \frac{1}{3} \sec \theta$$

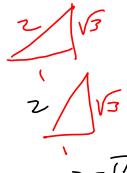
$$\sqrt{2} = \sec \theta$$



$$= 3^4 \int_{\frac{\pi}{4}}^{\frac{\pi}{3}} \cos^4 \theta d\theta \quad \text{Wow!}$$

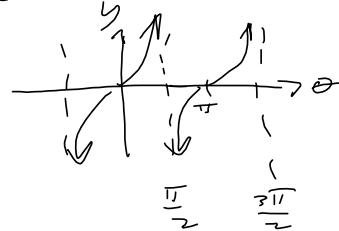
Limits:
 $x = \frac{\sqrt{2}}{3} = \frac{1}{3} \sec \theta \Rightarrow$
 $\sqrt{2} = \sec \theta$

$$\begin{aligned} & \int \frac{\frac{1}{3} \sec \theta \tan \theta d\theta}{\frac{1}{3^5} \sec^5 \theta} \tan \theta \\ &= 3^4 \int \sec^{-4} \theta d\theta \\ &= 3^4 \int \cos^{-4} \theta d\theta \end{aligned}$$

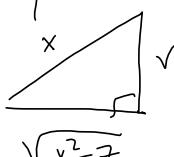


$$\theta = \frac{\pi}{3}$$

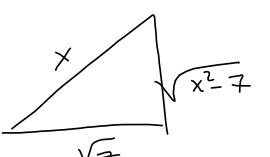
$$\begin{aligned} \frac{3x}{1} &= \sec \theta \\ x &= \frac{1}{3} \sec \theta \quad 0 \leq \theta < \frac{\pi}{2} \text{ or } \pi \leq \theta < \frac{3\pi}{2} \\ dx &= \frac{1}{3} \sec \theta \tan \theta d\theta \end{aligned}$$



$$17. \int \frac{x}{\sqrt{x^2 - 7}} dx = \int \left(\frac{\sqrt{7} \sec \theta}{\sqrt{7} \tan \theta} \sqrt{7} \sec \theta \tan \theta \right) d\theta = \sqrt{7} \int \sec^2 \theta d\theta$$



Nah
 $\csc \theta$ sucks



Yeah
 $\sec \theta$ is cool

$$\begin{aligned} &= \sqrt{7} \tan \theta + C \\ &= \sqrt{7} \frac{\sqrt{x^2 - 7}}{\sqrt{7}} + C \\ &= \sqrt{x^2 - 7} + C \end{aligned}$$

$$\begin{aligned} \frac{x}{\sqrt{7}} &= \sec \theta & \sqrt{x^2 - 7} \\ x &= \sqrt{7} \sec \theta & = \sqrt{7} \sec^2 \theta - 7 \\ dx &= \sqrt{7} \sec \theta \tan \theta & = \sqrt{7} \sqrt{\sec^2 \theta - 1} \\ & & = \sqrt{7} \sqrt{\tan^2 \theta} \\ & & = \sqrt{7} |\tan \theta| \\ & & = \sqrt{7} \tan \theta \end{aligned}$$

23. $\int \sqrt{5 + 4x - x^2} dx$

$$= \int \sqrt{9 - (x-2)^2} dx$$

$$= \int \sqrt{9 - u^2} du, \text{ where } u = x-2 \text{ & } du = dx$$


$$\frac{u}{3} = \sin \theta$$

$$u = 3 \sin \theta$$

$$du = 3 \cos \theta d\theta$$

$$u = 3 \sin \theta$$

$$\frac{u}{3} = \sin \theta$$

$$\sin^{-1}\left(\frac{u}{3}\right) = \theta$$

$$\sin^{-1}\left(\frac{x-2}{3}\right) = \theta$$

$$-x^2 + 4x + 5$$

$$-\left(x^2 - 4x + 2^2\right) + 5 + 4$$

$$-4$$

$$= -(x-2)^2 + 9$$

$$\sqrt{9 - (3 \sin \theta)^2}$$

$$=\sqrt{9 - 9 \sin^2 \theta} = \sqrt{9(1 - \sin^2 \theta)}$$

$$= \sqrt{9 \cos^2 \theta} = 3 |\cos \theta|$$

This gives $\int \sqrt{9 - (3 \sin \theta)^2} \cdot 3 \cos \theta d\theta$

$$= 3 \int 3 |\cos \theta| \cos \theta d\theta \quad \cos \theta \geq 0 \text{ when } -\frac{\pi}{2} \leq \theta \leq \frac{\pi}{2}$$

$$= 9 \int \cos^2 \theta d\theta$$

$$= \frac{9}{2} \int (1 + \cos(2\theta)) d\theta$$

$$= \frac{9}{2} \int d\theta + \frac{9}{2} \cdot \frac{1}{2} \int \cos(2\theta) 2d\theta$$

$$= \frac{9}{2}\theta + \frac{9}{4} (\sin(2\theta)) + C$$

$$= \frac{9}{2} \sin^{-1}\left(\frac{x-2}{3}\right) + \frac{9}{4} (2 \sin \theta \cos \theta) + C$$

$$= \frac{9}{2} \sin^{-1}\left(\frac{x-2}{3}\right) + \frac{9}{4} \cdot 2 \left(\frac{u}{3} \cdot \frac{\sqrt{9-u^2}}{3}\right) + C$$

$$= \frac{9}{2} \sin^{-1}\left(\frac{x-2}{3}\right) + \frac{1}{2} \left((x-2)\sqrt{9-(x-2)^2}\right) + C$$

$$-\frac{1}{4}(-2x+4)\sqrt{5-x^2+4x} + \frac{9}{2} \arcsin\left(\frac{1}{3}x - \frac{2}{3}\right)$$

$$29. \int x\sqrt{1-x^4} dx = \int x\sqrt{1-(x^2)^2} dx$$

$u = x^2$, then $du = 2x dx \Rightarrow dx = \frac{du}{2x}$

$$= \frac{1}{2} \int \sqrt{1-u^2} \cdot 2x dx$$

$$= \frac{1}{2} \int \sqrt{1-u^2} du = \frac{1}{2} \int \sqrt{1-\sin^2\theta} \cos\theta d\theta = \frac{1}{2} \int \sqrt{\cos^2\theta} \cos\theta d\theta$$

$u = \sin\theta$

$du = \cos\theta d\theta$

$$\sin^{-1}(u) = \theta$$

$$\sin^{-1}(x^2) = \theta$$

$$\sin(\theta + \omega)$$

$$= \sin\theta \cos\omega + \sin\omega \cos\theta$$

$$= \frac{1}{2} \int |\cos\theta| \cos\theta d\theta = \frac{1}{2} \int \cos^2\theta d\theta$$

$$= \frac{1}{2} \cdot \frac{1}{2} \left(\int (1 - \cos 2\theta) d\theta \right)$$

etc.

$$u = \tan^{-1}(\theta)$$

$$\tan\theta$$

$$\tan^{-1}(\tan\theta)$$

$$= \theta$$

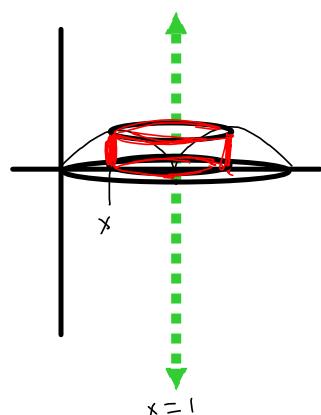
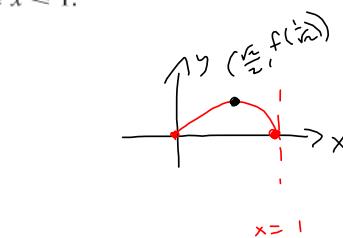
$$= \frac{1}{4} \int d\theta - \frac{1}{4} \cdot \frac{1}{2} \int \cos(2\theta) 2d\theta$$

$$= \frac{1}{4}\theta - \frac{1}{8} \sin(2\theta) + C$$

$$= \frac{1}{4}\theta - \frac{1}{8} \cdot 2\sin\theta \cos\theta + C$$

$$= \frac{1}{4} \sin^{-1}(x^2) - \frac{1}{4} x^2 \sqrt{1-(x^2)^2}$$

38. Find the volume of the solid obtained by rotating about the line $x = 1$ the region under the curve $y = x\sqrt{1-x^2}$, $0 \leq x \leq 1$.



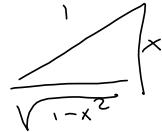
\downarrow Top $\frac{1}{2}$ of circle, multiplied by x

$$\begin{aligned} y' &= 1 \cdot (1-x^2)^{\frac{1}{2}} + x \left(\frac{1}{2} (1-x^2)^{-\frac{1}{2}} (-2x) \right) \\ &= \sqrt{1-x^2} - \frac{x^2}{\sqrt{1-x^2}} \\ &= \frac{1-2x^2}{\sqrt{1-x^2}} \end{aligned}$$

undefined at ± 1
slope = 0 when $-2x^2 + 1 = 0$
 $x = \pm \frac{1}{\sqrt{2}} = \pm \frac{\sqrt{2}}{2}$

$$\begin{aligned} &2\pi \int_0^1 r h \Delta x \\ &= 2\pi \int_0^1 \frac{(1-x)}{r} \frac{\sqrt{1-x^2}}{h} \Delta x \\ &= 2\pi \int_0^1 x \sqrt{1-x^2} dx - 2\pi \int_0^1 x^2 \sqrt{1-x^2} dx \end{aligned}$$

$$\begin{aligned} &= -2\pi \cdot \frac{1}{2} \int_0^1 \sqrt{1-x^2} \cdot (-2x) dx \\ &\quad u = 1-x^2 \\ &\quad x = \sin \theta \\ &\quad x = 1 \end{aligned}$$



$$\begin{aligned} &\frac{1}{4} (1 - \cos^2(2\theta)) \\ &= \frac{1}{4} - \frac{1}{4} \left(\frac{1}{2} (1 + \cos(4\theta)) \right) \\ &= \frac{1}{4} - \frac{1}{8} - \frac{1}{8} \cos(4\theta) \\ &= \frac{1}{8} - \frac{1}{8} \cos(4\theta) \end{aligned}$$

$$\begin{aligned} &= -\frac{2\pi}{3} \left[\left(1 - x^2 \right)^{\frac{3}{2}} \right]_0^1 - \frac{\pi}{4} \int_{x=0}^{x=1} (1 - \cos(4\theta)) d\theta \\ &= -\frac{2\pi}{3} \left[0^{\frac{3}{2}} - 1^{\frac{3}{2}} \right] - \frac{\pi}{4} \int_{x=0}^{x=1} d\theta + \frac{\pi}{4} \cdot \frac{1}{4} \int_{x=0}^{x=1} \cos(4\theta) 4 d\theta \\ &= \frac{2\pi}{3} - \frac{\pi}{4} \left[\theta + \frac{\pi}{8} \sin \theta \right]_{x=0}^{x=1} = \frac{2\pi}{3} - \frac{\pi}{4} \arcsin(x) \\ &= 0 \end{aligned}$$

$$+ \frac{\pi}{8} x$$

$$= \frac{2\pi}{3} - \frac{\pi}{4} [\arcsin(1) - \arcsin(0)] + \frac{\pi}{8} [1 - 0]$$

$$= \frac{2\pi}{3} - \frac{\pi}{4} \cdot \frac{\pi}{2} + \frac{\pi}{8}$$

=